



# TEN COMMANDMENTS

## STUDY GUIDE

Week 5

Exodus 20:8-11

**This Week: Apply Exodus 20:8-11**

Pray that Jesus would help you believe and grow.

- 1) The fourth commandment requires six days of work and one day of rest. Regardless of your conviction about this command, should you rethink your weekly schedule? Are you living a healthy life?
- 2) In Mark 2:27, Jesus says that the Sabbath was made for man. Does that encourage you to see rest as a gift?
- 3) Hebrews 4:10 promises a greater rest for the people of God that we can enter by faith. Have you rested from your own works through Jesus? Hebrews 4:15-16 invites us all to trust Jesus for true rest.

**Whom do you need to continue to pray for and share truth with?**

**Suggested Bible Study Habits:**

- 1) **PRAY** the Holy Spirit will teach you and change you.
- 2) **OBSERVE** the text. Read it and re-read it. Answer who, what, when, where, why, and how questions of the passage. Is there a structure? What is the context?
- 3) **INTERPRET** what it says about God or the condition of mankind. Is there any mention of grace? Is our need of it implied? Are there any cross references to consider? Why was this portion written? How do other portions of scripture help to interpret this one? What do gifted teachers say about this text? How can I understand this passage in a way that makes more of Jesus?
- 4) **APPLY** the scripture to daily life. Are there any commands to obey, examples to follow, or promises to trust? Does the passage expose any error in my beliefs or behavior? How does the text lead me to interact with others? What is the passage calling me to do?

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